

# Breakfast Menu 9 a m - 1 2 n o o n

## Breakfast

**Round of sour dough** with butter **2.95**

**Breakfast bowl**- summer peaches, Greek yoghurt, Hessian granola & honey **6.25 CN V GF**

**2 poached eggs**, wilted spinach, tomato & sourdough **6.25 V**

**Smokey baked beans** on toast **5.95 Ve.**

**Keto plate**: 2 fried eggs, avocado, walnuts, bacon, cucumber & fresh tomato **7.95 GF V CN DF**

**Avocado smash**, tomato, poached egg & deli rye sour dough **8.95 V**

**Dairy free coconut porridge**, peaches, toasted coconut **5.95 Ve. DF**

## Brunch

**Gluten free American pancakes**- seasonal berries, maple & Greek yoghurt **6.95 GF V**

**Add bacon** 1.5

**Full Hessian** – sausage, smoked pancetta, black pudding, flat mushroom, grilled tomato, spiced beans, toast, egg your way **10.25**

**Chorizo hash**, patatas bravas, spinach, tomato, chermoula mayo & a fried egg **9.75 GF**

**Smoked pancetta benedict**, prosciutto ham, watercress, herb hollandaise, poached egg, toasted croissant **9.75**

**Oak smoked salmon**, sourdough, poached egg, herb hollandaise, Marie rose aioli, watercress **11**

## Vegetarian & Vegan v v e .

**Woodland mushrooms on toast**- spinach, red pepper hummus, sour dough, crispy shallots **Ve. 8.75**

**Corn & courgette fritters**, grilled halloumi, avocado smash **8.95 V GF**

**Veggie Hessian** - Grilled flat mushroom, halloumi, avocado, Hessian beans, grilled tomato, toast, egg your way **10.25 V**

## Sides

**Crispy Polenta wedges** served with coriander & chilli mayo **3.75 GF V**

**Oak smoked salmon** & smashed avocado **2.95 GF**

**Smokey beans** with paprika & tomato **2.25 GF**

## FRESH JUICES & BRUNCH COCKTAILS

**Green machine**: apple, cucumber, lemon, ginger & seasonal greens **4**

**The Berry Mary**: apple, strawberry, berries, lime **4**

**Prosecco mimosa**- orange & apple **6.5**

**Bloody Mary**- vodka, Spices, tomato juice **8**

**Have you tried our evening menu? Ask to take a look & book...**

**Nutrition & Allergies** | CN = Contains Nuts, V = Vegetarian, Ve = Vegan, GF = Gluten Free, DF = Dairy Free  
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